

Water Foot Print

Our App will track your personal water foot print. A Water footprint is the amount of water you use in and around your home, school or office throughout the day. It also includes the water you use indirectly – this is the water it took to produce the food you eat, the products you buy, the energy you consume and even the water you save when you recycle.

Food consumption	
Cereal products (wheat, rice, maize, etc.)	<input type="text"/> kg per week
Meat products	<input type="text"/> kg per week
Dairy products	<input type="text"/> kg per week
Eggs	<input type="text"/> number per week
How do you prefer to take your food?	<input type="text"/>
How is your sugar and sweets consumption?	<input type="text"/>
Vegetables	<input type="text"/> kg per week
Fruits	<input type="text"/> kg per week
Starchy roots (potatoes, cassava)	<input type="text"/> kg per week
How many cups of coffee do you take per day?	<input type="text"/> cup per day
How many cups of tea do you take per day?	<input type="text"/> cup per day
Domestic water use	
Indoors	
How many showers do you take each day?	<input type="text"/> number per day
What is the average length of each shower?	<input type="text"/> minute per shower
Do your showers have standard or low-flow showerheads?	<input type="text"/> Standard shower head
	<input type="text"/> Low flow shower head
How many baths do you have each week?	<input type="text"/> number per week
How many times per day do you brush your teeth, shave or wash your hand?	<input type="text"/> number per day
Do you leave the tap running when brushing your teeth and shaving?	<input type="text"/> Yes
	<input type="text"/> No

How many loads of laundry do you do in an average week?

Times per week

Do you have a dual flush toilet?

Yes

No

No flushing. Use eco-toilet.

If you wash your dishes by hand how many times are dishes washed each day?

number per day

How long does the water run during each wash?

minute per wash

If you have a dish washer, how many times is it used each week?

number per week

Outdoors

How many times per week do you wash a car?

number per week

How many times do you water your garden each week?

number per week

How long do you water your garden each time?

minute per watering

How long per week do you spend rinsing equipment, driveways, or sidewalks each week?

minute per week

If you have a swimming pool what is its capacity?

cubic meter

How many times per year do you empty your swimming pool?

number per year